



COOKBOOK RAFFLE

Healthyish

by Lindsay Maitland Hunt

Emphasizing balanced eating rather than fad diet tricks, "Healthyish: A Cookbook With Seriously Satisfying, Truly Simple, Good-for-You (But Not Too Good-for-You) Recipes for Real Life" includes guilt-free recipes for every meal of the day, from breakfast to snacks to dinner, and treats, such as:

- Banana-Avocado Chai Shake
- Peanut Butter Granola
- Salty Watermelon, Feta, Mint and Avocado Salad
- Miso-Butter Toast with a Nine-Minute Egg
- Pozole with Pinto Beans and Queso Fresco
- Spiced Chicken and Chickpea Flatbreads with Cucumber-Dill Tzatziki
- Single-Serving Chocolate and Peanut Butter Cookie

