

MUSSELS WITH TOMATOES AND GARLIC IN A CILANTRO-SAFFRON CREAM

If you are a mussels fan you will love this dish; it's also a great dish to impress your guests.

Looks and tastes complicated, but it really isn't. Mussels are delicate and the sauce should be,
too, so as to complement them with a delicate sauce as well.

SERVES 6

INGREDIENTS

- \cdot 2 1/4 cups cream, whipping, heavy
- · 75 milligrams spice, saffron
- · 3 pounds mussels, PEI, in shell, fresh
- ·1 cup white wine
- ·1 cup garlic cloves, peeled, fresh, minced
- · 2 cups tomatoes, diced
- · 3/4 cup cilantro, fresh

DIRECTIONS

Combine the cream and saffron in a pan and reduce until thick.

Place the mussels, white wine and garlic in another pan with a lid and cook until the mussels are open.

Add the tomatoes to the saffron cream and combine the mussels. Finish with the cilantro and serve hot.

Side dish

Grilled Baguette







