

ROASTED DUCK BREAST IN A RAISIN SAUCE

SERVES 10

INGREDIENTS

For the duck

- · 60 ounces duck, breast, boneless
- · 10 teaspoons kosher salt
- · 10 teaspoons black pepper, ground
- · 5 ounces canola oil
- · 5 tablespoons fresh garlic cloves, peeled, chopped

Raisin sauce

- · 20 ounces maple syrup, 100% pure
- · 5 cups golden raisins, bulk
- · 5 cups cranberries, frozen
- · 60 ounces apple juice, 100%
- · 10 teaspoons cinnamon, ground
- · 10 teaspoons cornstarch, 100% pure
- · 10 teaspoons water

DIRECTIONS

For the duck

Generously season both sides of the duck breast with oil, garlic, salt and pepper. Add the oil to a pan and sear the duck skin side down for 5-8 mins then flip and cook on the other side for 3 minutes. Save duck fat to use for potatoes. Remove duck from pan and roast in the oven over stuffing until internal temp is 155 F or higher, remove and let rest. Slice and place over top of cranberry raisin sauce.

Raisin sauce

Combine apple juice, raisins, maple syrup and cinnamon; heat till boiling, stir occasionally. Mix cornstarch, water and berries, then stir in apple juice mixture boil for 1-2 minutes until mixture begins to thicken. Remove from heat and cool.

Side dishes

Herb-Roasted New Potatoes and Leeks Duck Stuffing Succotash







