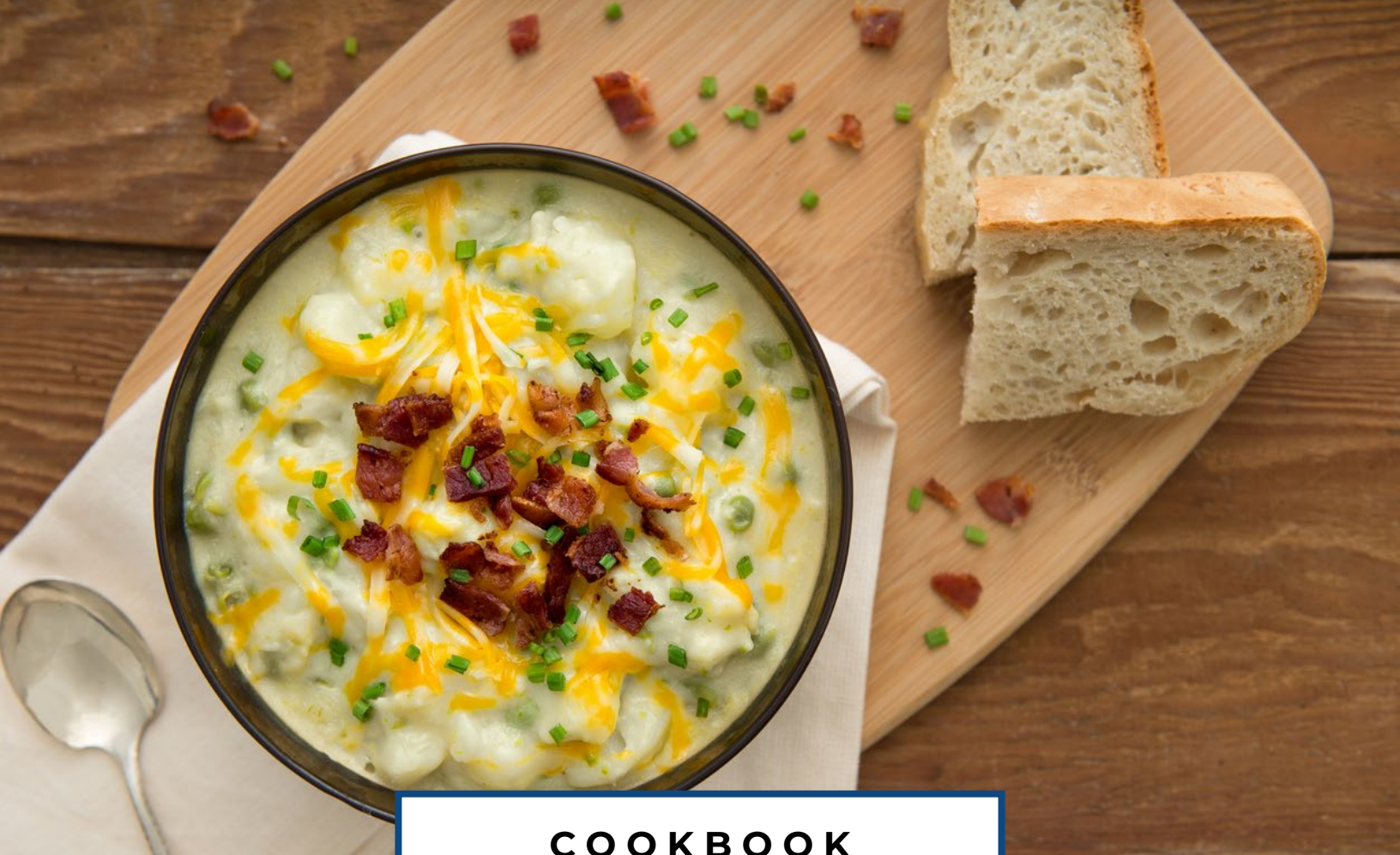




COOKBOOK

A HOME-COOKED YEAR

BY ANNIE MAE HERRING

This newly-released, 208-page book is for anyone who has opened the fridge and sighed, and who has felt the pinch of a stubborn budget and the craving for something delicious, nourishing and joyful.

Annie Mae Herring turns the 5 p.m. panic into a plan with dishes built around what's in season, what's affordable, and meals that will be eaten and enjoyed by everyone at the table, including the kids.

With seasonal shopping lists and meal plans that tackle midweek cravings and weekend appetites, as well as notes on how to batch, repurpose and plan for the week, "A Home-Cooked Year: Seasonal, Budget-Friendly Recipes for All the Family" brings the joy back to home cooking.

