

COOKBOOK



THE MEDITERRANEAN DISH

by Suzy Karadsheh

What began as one of the first online Mediterranean food blogs has blossomed into the leading site for modern Mediterranean cooking and lifestyle with millions of readers - and now it is the inspiration for the long-awaited first cookbook from Suzy Karadsheh.

Karadsheh's modern cooking reflects the rich and complex traditions of the Mediterranean and Middle East, from Greece and southern Spain to Jordan and Tunisia, as well as inspiration from her new Southern roots.

Practical and weeknight-easy recipes include Spanakopita Egg Muffins, Chicken Shawarma Bowls, Garlicky Spinach and Chickpea Soup with Lemon and Pecorino Romano, Roasted Asparagus Salad with Cherry Tomatoes and Basil, Middle Eastern Rice Pilaf with Toasted Vermicelli and Pine Nuts, Orange-Cardamom Olive Oil Cake and, of course, Homemade Pita Bread to serve with just about everything.

"The Mediterranean Dish: 120 Bold and Healthy Recipes You'll Make on Repeat" is sure to thrill anyone hungry to eat healthier food that bursts with flavor and spice.

