

# Cookbook Raffle



## The Clean Plate

by Gwyneth Paltrow

Gwyneth Paltrow is back with her most ambitious cookbook yet: a collection of 100-plus recipes and customizable meal plans that offer taste, simplicity and health benefits.

Highlights include instant staples such as Turkey Meatball Pho, Sheet Pan Chicken Broccolini and Butternut Squash Tacos; and sweet treats such as Cashew Turmeric Iced Lattes and Chocolate Chia Pudding.

“The Clean Plate: Eat, Reset, Heal” is the standout cookbook we have been waiting for, from the biggest name in clean eating.

