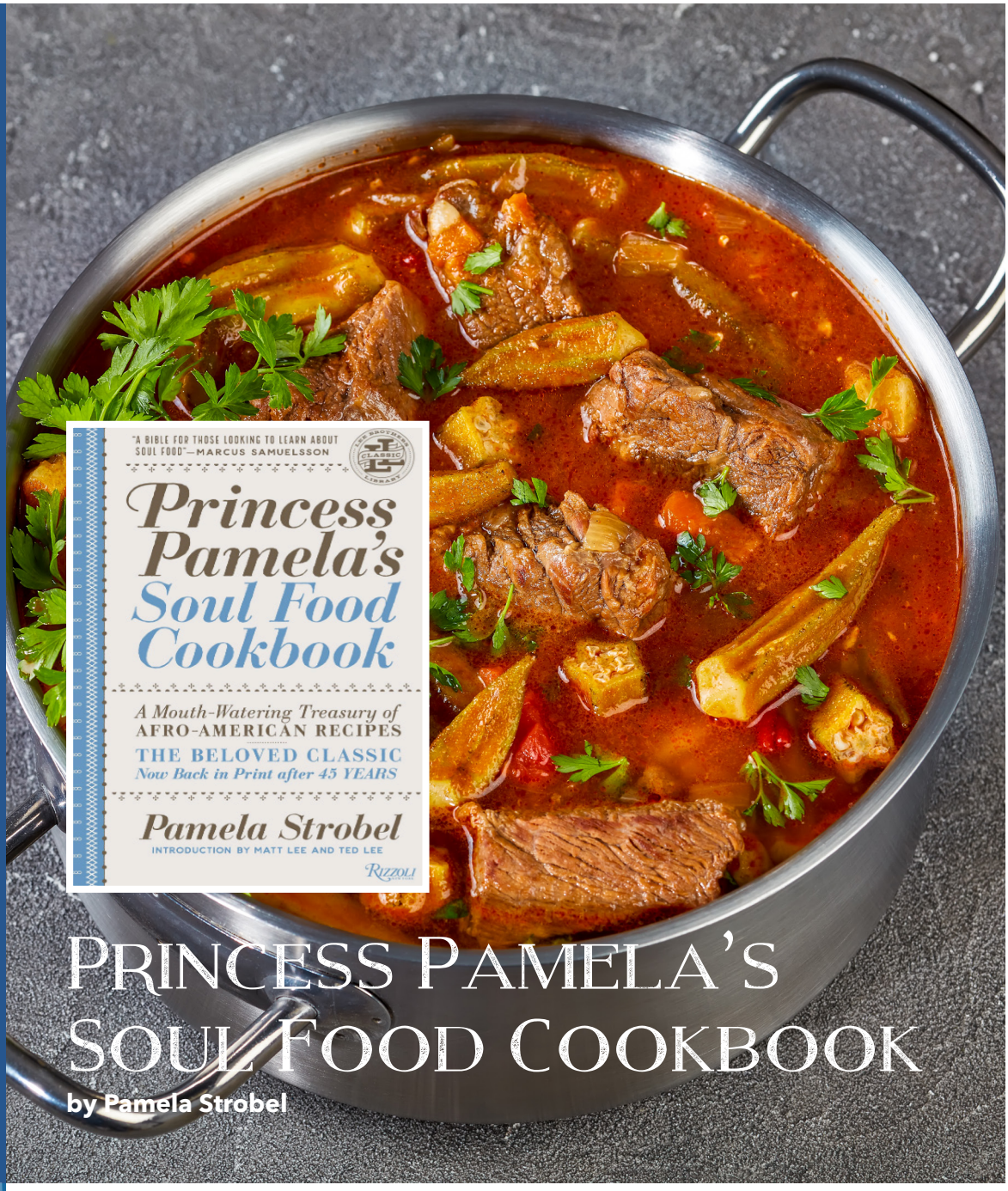
COOKBOOK



Princess Pamela's Soul Food Cookbook

by Pamela Strobel

Pamela Strobel, aka "Princess Pamela," ruled a small realm, but her powers ranged far and wide. Her speakeasy-style restaurant in Manhattan was for three decades a hip salon, with regulars from Andy Warhol to Diana Ross. Her iconic Southern dishes influenced chefs nationwide, and her cookbook became a bible for a generation who yearned for the home cooking left behind in the Great Migration. One of the earliest books to coin soul food, this touchstone of Black cuisine fell out of print more than 40 years ago.

Strobel's recipes have the clarity gained from a lifetime of practice, including signature versions of Fried Chicken and Collard Greens, but also unusual gems like Pork Spoon Bread and Peanut Butter Biscuits. All are peppered with sage advice on living and loving. "Princess Pamela's Soul Food Cookbook: A Mouth-Watering Treasury of Afro-American Recipes" stands out for its joie de vivre and pathos as well as the skill of its techniques. This new edition is now available for cooks everywhere to re-create Strobel's soul-satisfying dishes at home.

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